

ABSTRACT OF THE DISCLOSURE

A system and method for providing therapy to a portion of a body that includes a holder and a first patch which is held by the holder. The first patch applies a first therapy to the portion of the body when the first patch is placed near the portion of the body. The
5 system further includes a second patch that is held by the holder. The second patch applies a second therapy to the portion of the body when the second patch is placed near the portion of the body. The method includes selecting a patch from a holder that holds a plurality of patches and applying the patch near the portion of the body. At least one of the patches held by the holder is adapted to apply a different type of therapy than the other
10 patches such that a user or therapist is able to select from more than one therapy.